



2026

UP English Language Test



The UP English Language Test (UPELT) has been developed to help prospective students with obtaining their English language scores prior to enrolment.

The UPELT runs on a fixed schedule every Wednesday, from 12pm NZT. Bookings can be made via the UP admissions team, admissions@up.education.

The UPELT has four sections: reading, listening, writing, and speaking. It is a well-rounded assessment which consists of computer-based, hand-written, and examiner-led tasks. There are thematic links between the four sections of the test. The content is carefully selected to ensure that it is suitable for candidates at a pre-university level.



Foundation Connect & Pathways Link Programme



University of Auckland Certificate in Foundation Studies



AUT Certificate in Foundation Studies



Victoria University of Wellington Foundation Studies Programme

Test Fees:

\$80 NZD for New Zealand programmes

Test Facilitation:

The test is delivered online, via Microsoft Teams.

Results are provided within 48 hours.

Test Content and Duration:

See the table below

Element	Tasks	Duration
READING	3 short passages (approx. 300-400 words each) from: – a textbook chapter or report – an academic article or essay – an academic abstract	45 minutes
LISTENING	2 tracks – a conversation in an academic setting – a part of a lecture	20 minutes (Plus time to record answers)
WRITING	1 essay, 220-250 words – problem and solution – cause and effect – advantage and disadvantages – compare and contrast	40 minutes (Plus time to upload the essay)
SPEAKING	2 tasks led by an examiner: – a conversation on familiar topics – a discussion of a topical issue	10 minutes (Plus time for preparation)

Dates for Term 2026

Wednesday, 7 January	Wednesday, 13 May	Wednesday, 9 September
Wednesday, 14 January	Wednesday, 20 May	Wednesday, 16 September
Wednesday, 21 January	Wednesday, 27 May	Wednesday, 23 September
Wednesday, 28 January	Wednesday, 10 June	Wednesday, 30 September
Wednesday, 4 February	Wednesday, 17 June	Wednesday, 7 October
Wednesday, 11 February	Wednesday, 24 June	Wednesday, 14 October
Wednesday, 25 February	Wednesday, 1 July	Wednesday, 21 October
Wednesday, 4 March	Wednesday, 8 July	Wednesday, 28 October
Wednesday, 11 March	Wednesday, 15 July	Wednesday, 4 November
Wednesday, 18 March	Wednesday, 22 July	Wednesday, 11 November
Wednesday, 25 March	Wednesday, 29 July	Wednesday, 18 November
Wednesday, 1 April	Wednesday, 5 August	Wednesday, 2 December
Wednesday, 15 April	Wednesday, 12 August	Wednesday, 9 December
Wednesday, 22 April	Wednesday, 19 August	
Wednesday, 29 April	Wednesday, 26 August	
Wednesday, 6 May	Wednesday, 2 September	

Book your test:

Step 1: Apply for one of the programmes.

Step 2: Email admissions@up.education to book the Up English Language Test. You need to make the booking at least 2 weeks in advance of your desired test date.

Step 3: Make the payment. The fee for the test is \$80 NZD for New Zealand programmes. You can make the payment by scanning the QR code or following the instructions on the payment request form that you will receive from the admissions team. **Important note: Please add the Student ID in the postal code section for us to track the payment.**

Step 4: Once the payment is made, please send the payment evidence to admissions@up.education.

Step 5: You will receive a confirmation of your booking from admissions team once the payment is received.

Please note: If you want to make any changes to your test booking, you need to notify admissions@up.education by email at least 1 week in advance of the confirmed test date; no refunds will be provided under any circumstances.



Preparing for your test:

- Read detailed test instructions for your desk setup and test security protocols the day before the test. The instructions will be sent to your personal email.
- Log into Education Perfect and complete practice tasks to familiarise yourself with this digital platform.
- Test equipment using Microsoft Teams video call on two devices.
- Check the Microsoft Teams meeting link sent in the email.

Every effort was made to present accurate information in this publication at the time of printing (27th of February 2026). UP Education reserves the right to change information without notice where this is considered necessary or desirable.

